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Al Parish is a Professor of Business Administration and Economics in the School of Business and Economics at Charleston Southern University. He is also director of the Center for Economic Forecasting at Charleston Southern University, which produces quarterly and annual economic forecasts for the Charleston region, Georgetown and Horry counties, and the Santee Lynches region of South Carolina.

Dr. Parish is partly responsible for econometric and Delphi modeling of the Charleston Regional economy, and he publishes the quarterly economic forecasting newsletter in Charleston largest newspaper, "The Post and Courier". He is president of Parish Economics, LLC, serving as an economics and financial consultant, expert witness, and media consultant to various corporations and individuals. In addition, he is also vice president of Battery Investments, and owns Unlimited Hiring Possibilities. Dr. Parish also serves as the Charleston Metro Chamber of Commerce's Chief Economist.

Dr. Parish graduated summa cum laude with a BS in Mathematics and Economics from the College of Charleston and went on to earn a PhD in Mathematical Economics in 1987 from the University of North Carolina at Chapel Hill.

Dr. Parish grew up in the Meggett-Hollywood area and now lives near Goose Creek with his wife Yolanda and children William, Genie, Sarah Rose, and Mary Beth.